

Rule 1

1) The field of play is 360' x 160'

2) Points can only be scored by touchdowns, successful try, field goal or safety.

3) Each team must begin the game with 11 players but may finish with fewer.

4) The referee's decisions are final in all matters pertaining to the game.

5) The game officials assume authority for the contest, including penalizing unsportsmanlike acts, 25 minutes prior to the scheduled game time, or as soon thereafter as they are able to be present.

6) The game officials authority extends through the referee's declaration of the end of the 4th quarter or overtime.

7) The referee's decision to forfeit a game is final.

8) The use of ANY replay or television monitoring equipment by games officials in making any decision relating to the game is not allowed.

9) The field is the area within the boundry lines and the goal lines.

10) Yard line markers, if used, should be placed no closer than 5 yards to the sideline.

11) Lime or hydradted lime are some of the materials allowed for use in marking of lines on the football field.

12) All yard lines shall be 4" wide be a continuous line every five yards beginning and ending 4" from each sideline.

13) If the field of play has a logo in the center of the field, or at any other part of the field of play, it is permissable for the logo to cover the visibility of the required marks every five yards.

14) End lines and sidelines shall be continous lines at least 4 inches wide

15) Hash marks divide the field into thirds, each section being 53' 4" and should be 24" long and 4" wide. This is also the size of the yard line extensions between the yard lines that are marked every 5 yards.

16) Team boxes run from the 25 yard line to 25 yard line.

17) Nine yard marks are 12" x 4" and located 9 yards from each side line every 10 yards. If on field numbers are used, the bottom of these numbers may be used instead. The numbers should be 6' tall and 4' wide

18) Both team boxes may be on the same side of the field. They would run from 20 to 45 yard lines.

19) Decorative markings in the end zones shall be no closer than 2 yards from the boundary and goal lines.

20) The goal line shall extend from sideline to sideline and be entirely in the end zone.

21) Pylons are 4" square and 18" high. They are to be either red, orange or yellow. When properly placed, the goal line pylon is out of bounds at the intersection of the sideline and the goal line extended.

22) The goal is the vertical plane midway between the sidelines extending indefinitely above the outside of the uprights and the front edge of the crossbar and in the same vertical plane as the inside edge of the end line.

23) The crossbar shall be 23', 4" long.

24) The uprights shall extend a minimum of 10' above the ground.

25) The uprights shall be 23'- 4" apart inside to inside and each upright may not exceed 4" in width.

26) The goal posts shall be padded at least 5' above the ground.

27) (a) The crossbar and uprights cannot have any decorative material on them except paint. (b) The paint colors have to be either white, silver or yellow.

28) Games balls shall have one set of 8 or 10 evenly spaced laces.

29) Stripes on the football can only be white or yellow.

30) Stripes can ONLY be located on the two panels adjacent to and perpendicular to the seam upon which the laces are stitched.

31) Balls used in middle school games do not have to have the NFHS logo

32) Each team shall provide at least one game ball to the R

33) The R and the U shall decide if the ball meets specifications.

34) A kicking tee cannot elevate the lowest point of the ball more than 2" above the ground.

35) The official line to gain and down indicators shall be operated approximately 2 yards outside the sideline opposite the press box, except at Northwestern JV home games. They can be on the home side.

36) Game balls shall be inflated from 12.5 to 13.5 psi.

37) 00 is a legal player jersey number.

38) Helmets and face masks must both be NOCSAE approved.

39) All chin straps must have at least 4 attachment points.

40) All players' jerseys must be long enough to be tucked into the pants.

41) Which team is responsible for the avoidance of similarity of jersey colors? Home or visitors?

42) The style of the number shall be the same on the front and back of the jersey, but they can be different in color on front and back.

43) Tooth and mouth protectors must be any solid color.

44) Knee pads cannot be altered from the original manufacturer's design and must be worn over the knee and under the pants. The pants must completely cover the knees.

45) Receivers gloves may be penalty flag in color.

46) Towels may be any solid color, as long as the team has towels that match.

47) Sweatbands cannot extend more than 3" from the base of the thumb toward the elbow.

48) Knee and ankle braces that are unaltered from the manufacturer's original design do not require any additional padding.

49) Ball colored helmets, jerseys, patches, exterior arm covers/pads, undershirts and gloves are illegal equipment.

50) Play cards may be worn on the belts.

51) The head coach must verify to the R AND any other member of the officiating crew that all his players are properly equipped prior to the contest.

52) Lines and other markings on the field of play shall be white in color.

53) On grass and artificial turf fields, the slope from the center of the field to the sideline shall be 20 inches when the recommended slope is used.

54) All of Northwesterns receivers have the thumbs cut off of their gloves. The gloves are not plain cloth but the regular receiver type gloves. This is still considered legal equipment.

55) A schools colors are red, white and blue. For their away jerseys, the jersey is white and the numbers on the front are red and the numbers on the back are blue. This is legal.

56) Long t-shirts hanging out under the bottom of jerseys must be tucked into the pants.

57) Knee braces may be worn on the outside of the pants.

58) Indian Land calls a time out and the head coach goes to the huddle, between the 9 nine yard marks, and lets the Q.B. use his cell phone to make sure his mom is at the game. Ruling: Legal

59) Any question regarding legality of a player's equipment shall be resolved by the umpire.

60) Eye shade has to be a solid stroke of grease or strip or sticker that has no words, numbers, logos or any other symbol within the eye shade.

61) Tinted eye wear can be worn, as long as the visor is not tinted.

62) Players cannot tie their jerseys in knots.

63) Electronic signage cannot be used to signal in plays from the sideline.

64) Jerseys that have any transverse stripe on the sleeve below the elbow is illegal.

65) Shoulder pads and any hard surfaced auxiliary attachment, such as a back pad, must be fully covered by the jersey.

66) All line to gain and down indicator rods shall have flat lower ends covered by protective caps.

67) Only 4 players in game uniform may walk out for the coin toss. The rest of the team must stay on or behind the sideline. A hurt player in game jersey and jeans may accompany the other four.

68) Unofficial auxiliary line to gain and down indicators may be used on the sideline opposite the official line to gain and down indicators, and shall be operated approximately 2 yards outside the sideline.

69) Cleats may not exceed one half inch in length.

70) Gloves, unless made of unaltered plain cloth, must have a permanent NOCSAE or SFIA glove seal that is visible and appears legibly on the exterior wrist opening of the glove.

Rule 1

1) F- that is the field dimension, not the field of play.

2) T

3) T- as long as they can put 7 on the line of scrimmage, they are good.

4) T

5) F

6) T

7) T

8) T

9) F end line, not goal line

10) T

11) F

12) T

13) F

14) T

15) T

16) T

17) F top of numbers

18) T

19) F 2 feet

20) T

21) T

22) F inside of the uprights

23) T

24) F above the crossbar

25) T

26) F 6 feet

27) a-true b-F recommended

28) F 8 or 12

29) T

30) T

31) T

32) T but no penalty if they don't

33) F

34) T

35) T but F at Northwestern

36) T

37) F

38) T

39) T

40) F

41) Visitors

42) F same style and color

43) F

44) T continue to enforce this!

45) T

46) F

47) T

48) T

49) T

50) F

51) T

52) F recommended to be white

53) F just on grass fields, not on turf

54) F thumbs not considered fingers 1-5-2b(1),(2)

55) F same color front and back

56) T ENFORCE THIS!!

57) F

58) F

59) T

60) T

61) T

62) T

63) T

64) T

65) T

66) T

67) T

68) T

69) T

70) T

Note to officials: Ball and flag colored towels are illegal